

July 29, 2023

ר' מנחם אב תשפ"ג



SHABBOS NACHAMU PARSHAS VA'ESCHANAN

Weekday classes and events are being held in person and are also accessible by video and phone conference via Zoom:

To join by video: <https://zoom.us/j/9446820075>. To join by phone dial 301 715 8592

Meeting ID: 944 682 0075 Password: 009445

Thank you to the young men who joined us for this year's annual summer SEED program and led meaningful discussions and an inspiring Tisha b'Av program:

Shmuel Baumann, Shmuel Chaim Dreyfuss, Eliyahu Rambod, Yitzchok Raczkowski, and Shmuel Wagner.

All of the discussions can be accessed at this link:

https://drive.google.com/drive/folders/1QB400_IYHMNXqNypa61wQdNj1Sz5E76?usp=sharing

Nine Days Restrictions: All restrictions of the nine days are lifted as of 1:15 on Friday. (High noon.) Any preparations for Shabbos can be made whenever necessary even on Thursday night or Friday.

The Ten Commandments - The Essence of Torah: Rabbi Singer will devote the drasha Shabbos morning to a discussion of how the Ten Commandments encapsulate all of the six hundred and thirteen commandments and more.

PLEASE NOTE: As of the writing of the bulletin we are one shy of confirming a minyan for Shabbos morning. If you are able to join us this week, please contact Rabbi Singer.

Shabbos Times

Earliest time for candle lighting	6:55 p.m.
Latest time for candle lighting	8:05 p.m.
Friday Night Services	6:40 p.m.
Shacharis	9:15 a.m.
Shabbos ends	9:14 p.m.

Please see the attached Guidelines for Davening at Home for all davening times.

Weekly Class Schedule

CLASSES AND DISCUSSIONS FOR AUGUST ARE CURRENTLY IN FORMATION.

DETAILS WILL BE FORTHCOMING SHORTLY.

Classes and events are taking place in person and by video and phone conference via Zoom.

- ☆ **Women's Discussion Group:** Every other Monday, 8:00 pm. "Deepening Our Connection With G-d." Based on the book My Father, My King by Rabbi Zelig Pliskin. Led by Rebbetzin Singer. Zoom only. **Final meeting: July 10th**
- ☆ **Life Lessons from the Weekly Torah Portion:** Tuesday, 1:30 pm. Currently meeting at the shul. Led by Rabbi Singer.
- ☆ **The Depth and Beauty of Jewish Life:** Tuesday, 8:00 pm at the shul. Based on the Mishna Berura. Currently studying the blessings on the Torah. Led by Rabbi Singer.
- ☆ **Journey Through the Prophets:** Every other Wednesday, at 7:45 pm. An in-depth study of the words of the Prophets. Currently studying the Book of Joshua. Led by Rabbi Yitzchok Brandriss. Zoom only. On hiatus for the summer.
- ☆ **Beginner's Talmud Class:** Thursday, 7:15 pm, at the shul. Understanding Talmudic reasoning and thought. Currently studying tractate Bava Metzia. Led by Rabbi Singer.

Have a good Shabbos